

## Spicy Chili Roasted Chickpeas

Yield: approximately 42 - ½ cup servings

## **Ingredients:**

- 2, #10 cans low sodium garbanzo beans (USDA #100360)
- 1/4 cup + 2 tsp. ground cumin
- 1/4 cup + 2 tsp chili powder
- 2 tsp. cayenne pepper
- nonstick cooking spray

## **Directions:**

- 1. Preheat oven to 400°F.
- 2. Drain and rinse the garbanzo beans and lay flat on a paper towel to dry. Once dry, place the beans in a bowl and spray the beans with nonstick cooking spray until well-coated; then spray two sheet pans thoroughly with the nonstick spray.
- 3. Add the remaining ingredients to a bowl and toss together until the beans are well-coated with the seasonings.
- 4. Spread the beans onto two sheet pans for 42 servings in an even layer, making sure that they are spread out evenly.
- 5. Roast in the preheated oven for 45 minutes, turning once or twice during cooking, or until crispy.
- 6. Remove from the oven and allow to cool.
- 7. CCP: Cool the beans to 41° F or lower within 4 hours. Cover and refrigerate at 41° F or below until ready to use.
- 8. When ready to serve, portion with a #8 scoop (1/2 cup).

## **Crediting:**

½ cup roasted chickpeas = ½ cup bean/pea vegetable